

DELTA DENTAL FOUNDATION

Hospital emergency rooms are not the best place for a dental emergency.

There are dental clinics open where you can go to have a dental emergency treated. These dental clinics have a sliding fee scale (based on your



Prevent loss of teeth

- Treat injuries
- Control bleeding

Toothbrushes are NOT for sharing!

Sharing a toothbrush can lead to:

- Spreading viruses, like COVID-19
- Spreading the bacteria that causes gum disease
- Spreading the virus that causes oral herpes

If your gums bleed and bacteria on someone else's toothbrush enters your bloodstream, you are even at risk for hepatitis or HIV.

To keep your mouth and your body healthy:

- Brush your teeth twice a day
- Floss once a day (best at night)
- See your dentist every 6 months
- Make sure every member of your family has their own toothbrush

For more information about the Delta Dental Foundation, visit:

www.deltadentalin.com/ddf